

Adventure Cave Options

DAILY SCHEDULED TOURS
Deer/ Lang Cave—Bat Exodus Tour 1 @ 2:00pm, Tour 2 @ 2:30pm
Cave of the Winds/ Clearwater Cave Tour 1 @ 2:00pm, Tour 2 @ 2:30pm
Fast lane—in Lagang Cave via Longboat Tour 1 @ 2:00pm, Tour 2 @ 2:30pm
Mulu Canopy skywalk tour- 2hours Tour 1 @ 2:00pm, Tour 2 @ 2:30pm

Adventure Caving Activities <i>Minimum of 3 persons</i>	Group Sizes
Racer: <i>Intermediate</i> ; includes longboat return to Park HQ 3-4 hours	Min 3- Max 8
Lagang Cave: <i>Intermediate</i> ; includes longboat return to Park HQ 3-4 hours	Min 3- Max 10
Clearwater Connection: <i>Advanced</i> ; includes longboat return to Park HQ 6 hours	Min 3- Max 8
Stone horse/Kenyalang: <i>Intermediate</i> 2-3 hours	Min 3- Max 8
Drunken Forest Cave: <i>Intermediate</i> ; 4-5 hours/8 Hours	Min 3- Max 8
Clearwater River Revival: <i>Intermediate</i> ; Includes longboat return to Park HQ 6 hours	Min 3- Max 8
Sarawak Chamber: <i>Advanced</i> ; Overnight at camp 1 2 days, 1 night	Min 3- Max 8

Other Park Activities <i>Ask for further details at the office</i>	Group Sizes
Night Walk —guided tour begins at 7pm or 7:30pm. 2 hours	Min 2- max 8
Kenyalang Loop —guide not required. 1-2 hours	-
Paku Waterfall —guide not required 6km round trip. 2-3 hours	-
Paku Valley Loop —guide not required 8km round trip	-
Tree Top Tower —guide not required. 1 hour	50rm key deposit

Adventure Caves Description

Lagang Cave – Intermediate level. Not suitable for children under 12 years of age. Length: approx. 1km suitable for the inexperienced.

This is a beautiful cave with many stalactites, stalagmites and wonderful examples of cave sediments. Equipped with helmets and torches you scramble over boulders and along ancient river beds. Experience the thrill of seeing this underground world by torchlight and the anticipation of what is around the next dark corner. There is no climbing in this cave which makes this a great adventure for families. Fastlane show cave included here.

Racer Cave - Intermediate level. Not suitable for children under 12 years of age. Length: approx. 1km suitable for the inexperienced.

This often depends of the size of the group; the more people in the group the longer it will take. (Max 8). Lights and Helmets are provided but you will get muddy so bring old clothes and good walking shoes. The guide will lead you through the cave climbing up and down the passageways with the aid of ropes. This cave can require some upper body strength. Enjoy the great feeling that comes with discovering your abilities and meeting a physical challenge.

Clearwater Revival - Intermediate level. Not suitable for children under 12 years of age. Length: approx. 1.5km suitable for the inexperienced.

Clearwater River Revivals Tour will take you on a journey through the ancient underground river into areas only out most advanced cavers usually experience. By entering and exiting the system through the boardwalk of Clearwater cave this tour is suitable for intermediate cavers with confidence in water and rock climbing. The adventure begins when you step off the show cave boardwalk and into the cool, clear waters that have been carving out the expansive 200km passages for over 2 million years. Depending on the water levels you will wade, swim and climb to the far reaches of the cave. This tour includes the Clearwater Cave and the Cave of the winds.

*Note: This tour is weather dependent as high water levels can prevent access into the underground river systems. Also, this tour requires swimming ability, reasonable level of fitness, closed shoes, waterproof equipment (ex. Dry bag for personal items).

Clearwater Connection- Advanced Level. Not suitable for children under the age of 16 and all participants must be able to swim. Length: approx. 4.8km.

This trip, depending on fitness level will take between 4 to 8 hours. The larger the group the longer the trip (max time 10 hours). The tour begins in the show cave section of the Wind cave before leaving the trail and moving into a wild cave chamber off of the Kings chamber within the wind cave. The route taken is over highly broken terrain that includes stern boulders and requires some climbing up and down short faces. Areas that are hazardous have fixed ropes attached and guides can carry personal items to assist visitors in short sections. The tour continues for 1 km before arriving at the show cave section of

the Clear water cave. For many, the river is the highlight of the tour as it is exceptionally beautiful and refreshing.

*Note: This tour is weather dependent as high water levels can prevent access into the underground river systems. Also, this tour requires swimming ability, reasonable level of fitness, closed shoes, waterproof equipment (ex. Dry bag for personal items).

Sarawak Chamber Overnight at Camp 1- Advanced Level. Not suitable for children under the age of 16 and all participants must be able to swim.

This tour will require you to stay 1 night at Camp 1. The Sarawak Chamber is particularly challenging tour even for experienced cavers. The tour will take place over 2 days. It begins at the park HQ and it follows the summit trail up towards the southern side of Gunung Api. The trail take approx. 3 hours before reaching the mouth of Gua Nasib Bagus (good luck cave). Before entering the cave, the guide will assess the water levels to ensure it is safe. If the guide decides that water levels are too high then the group will hike back to HQ. If the guide decides water levels are low enough the group will proceed for 800m along the river channel with sheer rock faces rising to 50m on either side. Towards the end of the river fixed ropes will help traverse for 200m. The tour then proceeds up a steep boulder slope to the chamber. The chamber is pitched at a steep angle and the floor is covered in boulders. The tour stops at the mouth of the chamber. The group will then return to Camp 1 and then HQ the following day.

*Note: Sarawak chamber is the largest cave chamber in the world, therefore when you arrive there will be a lot of darkness as the cave is too large to be lit by torch light.

**Note: This tour is weather dependent as high water levels can prevent access into the underground river systems. Also, this tour requires swimming ability, reasonable level of fitness, closed shoes, waterproof equipment (ex. Dry bag for personal items).